

THE JIEMINITE LINK

2026 ISSUE 4

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WELCOME BACK!

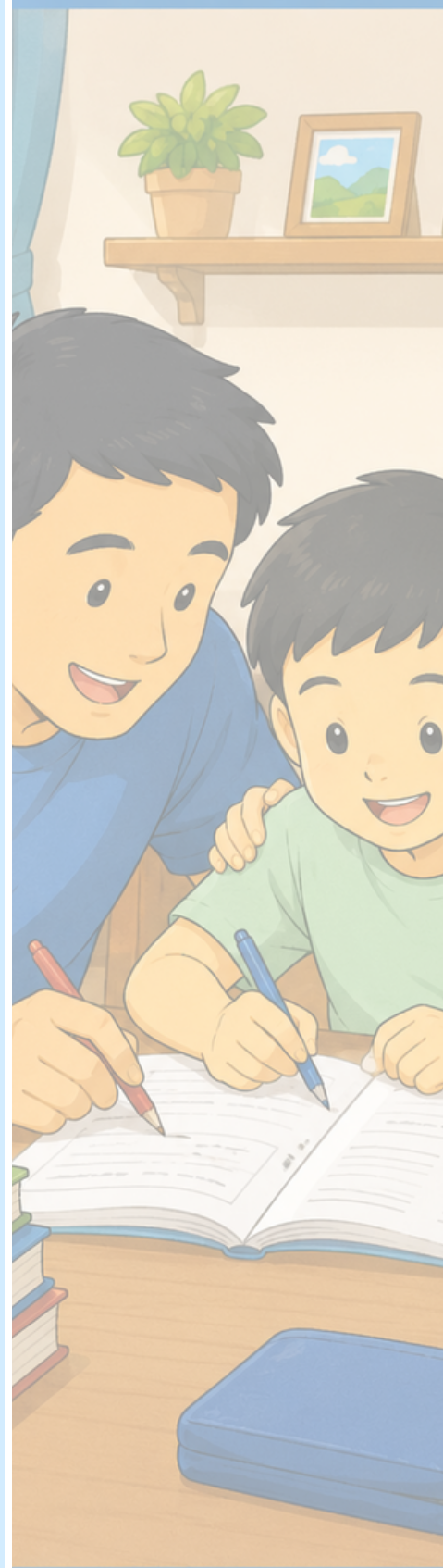
Dear Parents/Guardians and Jieminites,

Welcome back to Term 4! I hope everyone had a restful and refreshing September break, and that our Jieminites are ready to begin the final term of the year with renewed energy and purpose. As we enter the last stretch of the school year, our pupils will have opportunities to reflect on their learning, put their knowledge into practice and continue growing through the challenges that come their way.

In this issue, we explore our theme, "Doing our Best, Growing through Challenges". At Jiemin, we believe that success goes beyond results. It is also reflected in how our pupils prepare, respond to setbacks, persevere through difficulties and demonstrate strong values along the way. Every challenge presents an opportunity to learn, strengthen our character and grow.

As our Jieminites work towards their personal goals, we hope to encourage them to strive for personal excellence while keeping growth and learning at the forefront. Resilience, integrity and personal conduct are important parts of this journey. Doing our best is not about being perfect or comparing ourselves with others, but about giving our best effort, taking ownership of our learning and having the courage to keep going when things do not go as planned.

With the examination season approaching, we recognise that this can be a challenging period for our pupils and their families. Beyond academic preparation, our children are also learning to manage their time, cope with pressure and navigate feelings of anxiety or disappointment. In our Home-School Link, we share ways parents can support their children by setting realistic expectations, building healthy routines and providing encouragement through challenges.



Our Jieminities' Corner also features practical tips to help pupils prepare for their examinations while taking care of their well-being. Sufficient rest, healthy routines and regular breaks are essential as they work towards their goals.

As we journey through Term 4 together, let us continue to encourage our children to embrace challenges with courage, learn from their experiences and celebrate their progress. Thank you once again for your continued support, encouragement and partnership. Together, we can help our Jieminities build resilience, integrity and a love for learning as they do their best, grow through challenges and journey towards personal excellence.

Warm regards,



Andy Mickey Choong
Principal
Jiemin Primary School



HOME-SCHOOL LINK

Parents are our children's first teachers, and the influence of home continues well beyond the classroom. As the examination season approaches, this section shares practical ways parents can help their children prepare well, do their best and grow from the experience, while maintaining a healthy perspective towards examinations.

Supporting Our Children Through the Examination Season



Examinations provide an opportunity for children to take stock of what they have learnt and identify areas in which they can continue to grow. While results are important, they are only one part of a child's learning journey. As parents, how we support our children during this period can help them develop healthy learning habits, confidence and resilience.

Here are some ways parents can support their children.

#1: Keep Examinations in Perspective

Help your child see examinations as a checkpoint in their learning rather than the final measure of their ability or worth.

Focus conversations on progress and effort, rather than only on marks. Set realistic expectations with your child and avoid comparing their results with those of others.

Instead of:

- "How many marks did you get?"

Try:

- "What are you more confident in now?"
- "What have you improved in?"
- "What would you like to work on next?"



#2: Support Healthy Preparation

Good preparation is not about studying every available minute. Help your child establish a manageable routine that includes time for revision, breaks, physical activity and rest.

Encourage your child to:

- break revision into smaller, achievable tasks;
- take regular breaks;
- eat balanced meals;
- get sufficient sleep; and
- seek help when they do not understand something.

Healthy habits help children stay focused and approach their learning with greater confidence.



#3: Be a Calm and Encouraging Presence

It is normal for children to feel some nervousness before an examination. Check in regularly and give your child space to share how they are feeling.

Simple questions can open up conversations:

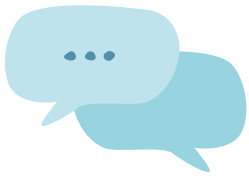
- *"How are you feeling about the exams?"*
- *"Is there anything you're worried about?"*
- *"How can I support you?"*

Be mindful of your own words, reactions and body language too. Children often take cues from the adults around them. A calm and reassuring parent can help a child approach challenges with greater confidence.

Most importantly, let your child know that your love and support are not dependent on their results.



Every assessment gives children an opportunity to understand themselves better as learners. With encouragement from home and school, they can learn to face challenges with resilience, learn from setbacks and continue striving to become better versions of themselves.



JIEMINITES' CORNER

This section is just for you, Jieminites! Here, you'll find simple tips and ideas to support you through your examination preparation.



Break It into Small Bites

Don't try to study a whole textbook in one sitting! Break your revision into smaller, bite-sized topics. Focus on mastering 1 or 2 specific concepts or chapters each day to keep your workload easy and manageable.

Try Active Recall

Reading your notes again and again can make your brain sleepy. Instead, cover your notes and try to write down key formulae, vocabulary words, or Science facts from memory. Check to see what you remembered and what you missed.



Discover Your Power to Improve

The worksheets and practice papers you completed previously are packed with hidden gems! Taking a look at your previous attempts helps you discover smart clues on how to improve. Understanding where you can polish your answers gives you the power to shine even brighter in your next paper!



Tackle Tricky Topics First

It is tempting to start with subjects you are already good at, but start your revision sessions with the topics you find hardest. Tackling challenging areas when your brain is fresh gives you the highest energy to conquer difficult concepts.





Become the Teacher

Can you explain a difficult topic or concept out loud in your own words? If you can explain it simply to a classmate, your parents, or even to yourself in the mirror, it means you truly understand it!

Use the 25-and-5 Study Timer

Keep your brain sharp by studying in 25-minute blocks, followed by a quick 5-minute break. Stand up, stretch, or drink some water during your break. Stepping away from your desk helps your brain lock in what you just learned.



Fuel Your Brain with Good Sleep and Water

Your brain needs rest to learn, understand and make connections! Aim for a good 8 to 9 hours of sleep every night, especially during exam week. Remember to drink plain water while studying to keep your focus sharp – a well-rested brain always performs best.

Picture Yourself Succeeding

Close your eyes and picture yourself feeling calm, working through your revision, and feeling proud when you are done. A positive picture in your mind gives your confidence a big boost.

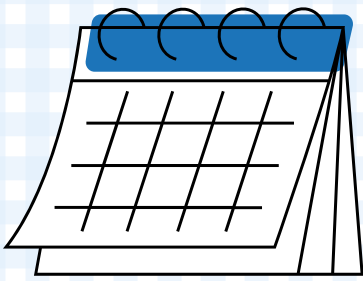


Sources: Adapted from student guidance guidelines by the Ministry of Education (MOE / Schoolbag.edu.sg) and the Health Promotion Board (HealthHub)

DISCUSSION TIME!

Share with your table partner/friends:

♥ Which of these tips are you excited to try out this week?



TERMLY CALENDAR

Term 4

Date	Activities/ Events
14 Sep (Mon)	Start of school for Term 4
15 Sep (Tue)	PSLE Listening Comprehension Examination School Closure Day for P1 to P5. P6 Students will report for the exam
16 Sep (Wed) to 18 Sep (Fri)	P3 to P5 End of year Oral Examination
21 Sep (Mon) to 23 Sep (Wed)	Pre-PSLE Study Break (For P6 pupils only). P1 to P5 pupils will report to school for lessons.
24 Sep (Thu) to 30 Sep (Wed)	PSLE Written Examinations
1 Oct (Thu)	Children's Day Celebration All pupils will be dismissed at 10.30am
2 Oct (Fri)	Children's Day (School Holiday)
12 Oct (Mon) to 14 Oct (Wed)	PSLE Marking Day - P1 and P2 pupils will report to school for lessons as per normal - P3 to P6 pupils: School Closure days
14 Oct (Wed)	P1 & P2 Games Day
19 Oct (Mon) - 28 Oct (Wed)	End-of-Year Exam for P3 to P5 pupils

8 Nov (Sun)	Deepavali (Public Holiday)
9 Nov (Mon)	Deepavali off-in-lieu (School Holiday)
13 Nov (Fri)	Admin Day (School Closure Day)
16 Nov (Mon)	P1 Orientation Day (PM) (only for 2027 P1 Students and Parents)
17 Nov (Tue)	P6 Graduation Day (PM) Parents/Guardians of P6 pupils are invited to attend. This event will be in the afternoon.
20 Nov (Fri)	Annual Prize Presentaion Day Selected pupils will attend school.
21 Nov (Sat) to 31 Dec 26 (Thu)	Term 4 school Holiday
4 Jan 2027 (Mon)	Start of school for year 2027 You may refer to the 2027 School Terms and Holidays via this link.